

Volunteer Walk Leader Role Description

- Commit to leading walks on a regular basis.
- Research and plan routes for walks and identify any potential hazards/risks.
- Be familiar with the hazard identification/risk assessment and the route you are walking.
- Keep participants' information confidential.
- Keep a written register for each walk.
- Welcome the walking group and give a brief talk before starting off, including information on the walking route and potential hazards/risks.
- As a front leader, indicate to walkers when to change direction.
- As a back leader, carry the first aid kit as well as a whistle or mobile phone. Ensure that everyone completes the walk, or if anyone needs to stop early, ensure they get back to the start safely.
- Attend regular supervision and support meetings.